NURTURE Ywur Roots





POCKET JOURNAL STATION • Crafted by Elliot Pancioli



MEDITATION STATION • Guided by Dr. Claudia Finkelstein



WALKING STATION • Guided by Dr. Claudia Finkelstein



MUSIC STATION • "Pavane" performed by Elene Kobulashvili



MUSIC STATION • "Poul le Piano" by Debussy Performed by Zhangziyi Han



MUSIC STATION • "Quartette (Allegro de Concert)" by Caryl Florio Performed by the MSU Sound Session



POETRY STATION • "Sacred Roots" by Mikayla Thompson



PROSE STATION • "We Are Here Together" by Julia Rudlaff

