POCKET JOURNAL STATION • Crafted by Elliot Pancioli

MEDITATION STATION • Guided by Dr. Claudia Finkelstein

WALKING STATION • Guided by Dr. Claudia Finkelstein

MUSIC STATION • “Pavane” performed by Elene Kobulashvili

MUSIC STATION • “Poul le Piano” by Debussy Performed by Zhangziyi Han

MUSIC STATION • “Quartette (Allegro de Concert)” by Caryl Florio Performed by the MSU Sound Session

POETRY STATION • “Sacred Roots” by Mikayla Thompson

PROSE STATION • “We Are Here Together” by Julia Rudlaff